









# Verdun Elementary Lunch Menu

September – December 2018

Price: \$4.00

	Date	Tuesday	Date	Thursday
<b>1</b>	 Sept 25 Oct 23 Nov 20	<b>Mac &amp; cheese</b> <b>Raw Vegetables</b> <b>Milk</b> <b>Dessert of the day</b>	 Sept 27 Oct 25 Nov 22	<b>Hot Chicken Sandwich</b> <b>Peas</b> <b>Milk</b> <b>Dessert of the day</b>
<b>2</b>	 Oct 2 Oct 30 Nov 27	<b>Scoobi doo Pasta and Meatballs</b> <b>Green Beans</b> <b>Milk</b> <b>Dessert of the day</b>	 Oct 4 Nov 1	<b>Quiche with Cheddar &amp; Broccoli</b> <b>Green Salad</b> <b>Milk</b> <b>Dessert of the day</b>
<b>3</b>	 Oct 9 Nov 6 Dec 4	<b>Salisbury Steak</b> <b>Mashed Potatoes</b> <b>Sunrise Vegetables</b> <b>Milk</b> <b>Dessert of the day</b>	 Oct 11 Nov 8 Dec 6	<b>Chef's Surprise</b> <b>Chicken Caesar Salad</b> <b>Milk</b> <b>Dessert of the day</b>
<b>4</b>	 Oct 16 Nov 13 Dec 11	<b>Chicken Fried Rice served with a Vegetable Eggroll</b> <b>Sliced Carrots</b> <b>Milk</b> <b>Dessert of the day</b>	 Oct 18 Nov 15 Dec 13	<b>Pizza wrap (turkey pepperoni)</b> <b>Corn Salad</b> <b>Milk</b> <b>Dessert of the day</b>

**All meals are served with milk, vegetable or salad, potato or rice (when applicable).**

**Homemade Dessert of the day = pudding, oatmeal cookie, homemade cake, fruit salad, jello.**

**Due to unforeseen circumstances the menu may vary without notice.**